

F19: Program Brochure

Activity Title	Women’s Health Conference 2021
Date	October 29-30, 2021
Venue	Virtual via MS Teams
Facilitator/s	Dr Gbemisola Okunoye
Target Audience	<p>Women’s Health conference 2021 has been put together to meet the learning and knowledge needs of healthcare providers who are involved in the care of women from primary care to tertiary level including but not limited to the following groups:</p> <p>Physicians Nurses Midwives Allied Health Professionals</p>
Overall Learning Objectives	<p>At the end of Women’s Health Conference 2021, delegates should be able to:</p> <ul style="list-style-type: none"> ➤ Identify and discuss the current updates in pre-pregnancy health, antenatal and intrapartum care. ➤ Discuss the current evidence-based approach in managing ambulatory gynaecology and fertility problems. ➤ Describe some of the current clinical controversies in obstetrics and gynaecology.

Program Overview

Time	Session Title/Topic	Session-Specific Learning Objectives
Friday October 29, 2021	<p>Session1: Well woman care across healthcare services</p> <p>Moderator Dr Aisha Yousuf, Sidra Medicine</p>	<ul style="list-style-type: none"> • Describe the components of a well woman service. • List the options for cervical screening and cervical cancer prevention. • Recognise the challenges of pre-conception weight management. • Discuss the treatment options for managing menopausal symptoms.

14:15-14:25	Well woman services - A necessity or a luxury? Dr Barbro Friden, Sidra Medicine.	
14:30-14:50	Managing symptoms of the perimenopause - A holistic approach. Dr Rudaina Hasan, Sidra Medicine.	
14:55- 15:15	Cervical cancer prevention and screening - When, how and why? Dr Osman Ortashi, Sidra Medicine.	
15:20-15:40	Pre-pregnancy weight management - Options and challenges? Dr Ibrahim Ibrahim, Sidra Medicine.	
15:40-15:50	Q & A	
15:50-15:55	Break	
	<u>Session 2: Clinical Debate 1</u>	
	Moderator: Dr Gbemisola Okunoye, Sidra Medicine.	
15:55-16:10	For: Dr Sara Buhmaid, Sidra Medicine.	<ul style="list-style-type: none"> Appraise the arguments for and against telemedicine application in Obstetric services. <p>Motion: 'Telemedicine is better than face-to-face contact in the delivery of antenatal care'</p>
16:10-16:25	Against: Dr Olubunmi Oniya, Sidra Medicine.	
16:25-16:35	Rebuttal for motion: Dr Sara Buhmaid, Sidra Medicine.	
16:35-16:45	Rebuttal against motion: Dr Olubunmi Oniya, Sidra Medicine.	
16:45-16:50	Break	
	<u>Session 3: Benign Gynaecology Updates</u>	
	Moderators: Dr Abdulkadir Wagley, Sidra Medicine. Dr Pradeep Jayaram, Sidra Medicine	
16:50-17:10	Managing Endometriosis-associated infertility - New perspectives. Prof Johnny Awwad, Sidra Medicine	<ul style="list-style-type: none"> Appraise treatment options for uterine fibroids. Describe the current diagnostic criteria for polycystic ovarian syndrome. Identify the different clinical presentations and challenges of ectopic pregnancy. Discuss the differential diagnosis of chronic pelvic pain.
17:15-17:35	Contraception update- What is new? Dr Suruchi Mohan, Sidra Medicine	

17:40-18:00	Uterine fibroids - When and how should we treat? Dr Aisha Yousuf, Sidra Medicine	
18:05-18:25	Urinary incontinence in women - Assessment and management choices. Dr Karl Jallad, Lebanese American University, Beirut, Lebanon & Sidra Medicine	
18:30-18:50	Management of heavy menstrual bleeding in adolescents - What is new? Dr Caitlin Huckell, Sidra Medicine	
18:55-19:15	Management of CS Scar Dr Pradeep Jayaram, Sidra Medicine	
19:15-19:25	Q & A	
19:25	END OF DAY 1	
Saturday October 30, 2021	Session 4: Antenatal care updates Moderators: Dr Sara Buhmaid, Sidra Medicine. Dr Suruchi Mohan, Sidra Medicine.	
08:30-08:50	Multiple pregnancies - Updates in prenatal care. Prof Karim Kalache, Sidra Medicine	<ul style="list-style-type: none"> • Identify the challenges of diagnosing mental health problems in pregnancy. • Discuss evidence-based care of multiple pregnancy. • Describe the causes and treatment of pregnancy associated thrombocytopenia. • Appraise the evidence on non-invasive prenatal testing • Discuss the obstetric challenges of post bariatric pregnancies.
08:55-09:15	Non-invasive prenatal testing in Qatar - The journey ahead. Dr Medhat Alberry, Sidra Medicine	
09:20-09:40	Pregnancy-associated mental health disturbances: Screening and diagnostic tips. Dr Zainab Imam, Sidra Medicine	
09:45-: 10:05	Thrombocytopenia in pregnancy - Antenatal and intrapartum management. Dr Michel Makhlof, Sidra Medicine	
10:10-10:30	Pregnancy post bariatric surgery - Key management pearls. Dr Osriv Navti, Al Wakra Hospital	
10:35 – 10:55	In utero fetal surgery - What is possible? Dr. Gihad Challouhi, Neckaire Hospitals, Paris, France & Sidra Medicine	
10:55-11:05	Break	
	Session 5: Reproductive Medicine updates Moderators: Dr Tarique Salman, Sidra Medicine. Dr Khawla Ismail, Sidra Medicine.	

11:05-11:25	Assessment of the infertile couple: When should we refer for IVF? Dr Spyridon Chouliaras, Sidra Medicine	<ul style="list-style-type: none"> • Discuss the assessment of infertile couple and treatment of recurrent miscarriage. • Describe the causes and treatment of ovarian hyperstimulation. • Explain the indications for pre-implantation genetic diagnosis.
11:30-11:50	What is new in the management of recurrent pregnancy loss? Dr Sanjay Prabhu, Sidra Medicine	
11:55-12:15	Ovarian hyperstimulation syndrome: Prevention and treatment. Dr Mohammed Khan, Sidra Medicine	
12:20-12:40	Fertility preservation in women: State of the ART Prof Johnny Awwad, Sidra Medicine	
12:45-12:55	Break	
	<u>Session 6: Intrapartum and Postpartum Care</u> Moderator: Dr Varsha Mulik, Sidra Medicine.	
12:55- 13:15	Pregnancy and delivery - A window to long term health. Dr Yassin Fagier, Sidra Medicine	<ul style="list-style-type: none"> • Discuss the practicality and challenges of continuity of care in Maternity services. • List the options for analgesia and anaesthesia during labour and delivery. • Explain the long-term health implications of pregnancy.
13:20-13:40	Continuity of care in Maternity Service - Why and how? Judith Downey, Sidra Medicine	
13:45-14:05	Analgesia and Anaesthesia in labour – Recent advances. Dr Nicolas Hooker, Sidra Medicine	
14:10-14:30	Post pregnancy care and follow up of GDM Patients. Dr Hala Abdullahi, Sidra Medicine	
14:35-14:55	Improving breastfeeding rates in Qatar - A case for antenatal preparation. Gladys Gray, Sidra Medicine	
	<u>Session 7: Keynote Lecture</u> Moderator: Prof Johnny Awwad, Sidra Medicine.	
15:00-15:45	The role of Artificial Intelligence in women's health - Challenges and opportunities. Mr S Bhasker, Sidra Medicine Dr Olobunmi Oniya, Sidra Medicine	
16:00	End of Day 2	