IN-PERSON SESSIONS

| Session 1 | Introduction to Autism Spectrum Disorder |
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| 17/11/2024 | What is Autism, including Myths and facts |
| | Communication in neurodivergent children |
| | Making sense of the world, sensory processing and the iceberg metaphor |
| | Accepting, coping and disclosure |
| | Different treatment modalities and its scientific/lack of scientific evidence |
| | Options for schools, therapy and community services in Qatar |
| Session 2 | Sensory Processing and Activities of Daily living |
| | o Sensory Processing and Integration |
| 24/11/2024 | o Activities of Daily Living |
| | o Feeding / Eating |
| | o Sleeping |
| | Toileting and Hygiene |
| Session 3 | Behavior Solutions and Play |
| | Working with your child: Understanding and managing behavior |
| 01/12/2024 | The Why and How of Behavior |
| | Wait-Watch-Wonder, or OWL (Observe, Wait, Listen) |
| | Functional behavior analysis |
| | Managing challenging behavior |
| | Preparing for change |
| | Emotion regulation / meltdowns |
| | Fears / Phobias / Anxiety |
| | Managing repetitive behaviors / mannerisms |
| | Special interests and obsessions |
| | The Value of Play |
| | Why to play with your Child |
| | How to Play with your Child |
| | Reducing Screentime |
| | o Introduction to DIRFloortime® |
| Session 4 | Communication strength and strategies What is Communication |
| 08/12/2024 | Communication 4 stages |
| 08/12/2024 | Four I's: Intrude, Imitate, Interpret, Include |
| | Strategies for Communication |
| | Visual Support and Structure |
| | Reviewing Parent's Play Videos |
| | o Play: ROCK |